

Spa Etiquette

RESERVATIONS

We encourage you to schedule your appointments in advance to confirm if your preferred treatment or therapist is available. Walk-in appointments are welcome but subject to availability. All reservations must be secured with a major credit card and telephone number.

To schedule your appointment(s), please call our reception desk at 337.395.7768. In-house guests may dial extension 7768.

ARRIVAL

Please plan to arrive 30 - 60 minutes prior to your service so that you may enjoy your experience in its entirety, as arriving late may limit your treatment time. Our locker room amenities include a hot tub, dry sauna and steam showers for your enjoyment prior to or after your spa or salon treatments. Amenities are based on availability.

SAFETY

When reserving your spa services, please notify the spa receptionist if you have any medical conditions that may be affected by a service, especially those utilizing heat. These may include allergies, high blood pressure or physical ailments.

Please tell us if you are pregnant so that we may provide you with the proper guidance, care and comfort you need.

Please remove all jewelry and other valuables prior to visiting the spa. Spa du Lac is not responsible for lost, stolen or misplaced items.

COMFORT

For your comfort during your spa visit, we provide a robe, slippers and a locker for your personal belongings. This is your time and you should fully delight in your experience. Whether it is the temperature of the treatment table, the amount of massage pressure or the volume of the music, please share your preferences or discomfort at any time with a technician or attendant.

RESPECT

We kindly request that all calls are concluded and cellular devices turned off prior to entering the locker rooms, relaxation or treatment areas. Please also keep personal conversations to a minimum in a peaceful tone.

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CANCELLATION POLICY

If you must reschedule or cancel your services, please give 24 hours notice prior to your scheduled appointment to avoid being charged the full value of your services. There is a 72-hour cancellation policy for groups of five or more. If you are running late, a phone call is always appreciated.

To ensure each guest receives a full and complete service, all treatments will adhere to their scheduled start and end time. Please plan to arrive 30 minutes prior to your service start time to guarantee a complete and relaxing spa experience.

TIPPING

At Spa du Lac we leave tipping to the discretion of the guest. Industry standard is 20% based on your satisfaction with your technician.

USAGE

Spa du Lac is an adult retreat reserved for guests 18 years of age or older. Guests under 18 may take advantage of salon services; and must be accompanied by an adult.

Outside food and beverage is prohibited. Spa du Lac offers a delicious food menu designed to complete your experience. Use of the spa facility without a service is \$50 for hotel guests.

GIFTING

Be the one who gives the best gift at the next party or holiday gathering! A wide assortment of bath and body products, and unique gifts are available for purchase to extend the spa experience. Spa gift certificates are available in any dollar amount and may also be used toward retail purchases.

For more information and convenient shipping of your selections, please call 337.395.7768.

SATISFACTION

Please openly communicate your treatment expectations. Speaking with your technicians will enable them to customize your services to ensure your satisfaction.



SERVICES

Men's Haircut	\$40
Hair & Neck Touch Up	\$10
Traditional Shave	\$40
Poker Face Luxury Shave	\$60
Beard Trim	\$15
Mustache Trim	\$15
Waxing <i>(price per service: ear, nose or eyebrow)</i>	\$10
Manicure	\$50
Pedicure	\$50
Hair Color	\$90

PACKAGES

Waxing Package <i>ear, nose and eyebrow wax</i>	\$25
Work Hard, Play Hard <i>luxury shave and haircut</i>	\$85
Tops & Tails <i>luxury shave, haircut and choice of pedicure or manicure</i>	\$135
No Limit Hold 'Em <i>Manicure and pedicure</i>	\$90

Shoe Shine	\$9
Boot Shine	\$12

Book your appointment by calling 337.395.7116.

GAMBLING PROBLEM? PLEASE CALL 800.522.4700.



spa du lac™

777 Avenue L'Auberge • Lake Charles, LA 70601
337-395-7768 • lakecharles.com

Tranquility awaits at spa du lac.

For those seeking relaxation to balance all the excitement, look no further. You have arrived at the full-service spa and salon at LAuberge Lake Charles. Spa du Lac offers everything from massages and manicures to facials and foot scrubs. You may also choose to ease sore muscles or just enjoy our relaxation lounges, hot tub or dry sauna.

#E2474



Gentleman's Specialties

PERFECTLY RUGGED FACIAL

A deluxe treatment designed to address the unique needs of men's skin. Utilizing gentlemen's products developed with advanced formulas for noticeable results, this facial treatment incorporates specialty massage techniques, steamed towels as well as hand, arm, neck and shoulder massages. The 80-min version may include unique masks or microcurrent.

50-min • \$150 | 80-min • \$195

MEN'S EXPRESS EYE LIFT

Added to a Perfectly Rugged Facial, this eye specific treatment targets fine lines and wrinkles in around the eyes. Cool, soothing tools and products are used to combat puffiness and under circles.

+\$20

Massage

SWEDISH MASSAGE

A relaxation massage using light to medium pressure to decrease stress and melt tension.

50-min • \$135 | 80-min • \$190

THERAPEUTIC MASSAGE

A customized strong pressure massage that targets deep layers of tissue for relief of muscle pain and tension. Share your greatest area of tension with your technician during your wellness consultation.

50-min • \$160 | 80-min • \$210

QUICK-FIX MASSAGE

Tight neck? Tense shoulders? Your therapist will customize the massage to your specific zone of tension.

25-min • \$80

TWO'S COMPANY MASSAGE

Customized to each guest, with relaxation in tandem... Enjoy a glass of complimentary champagne before you begin your relaxation or therapeutic massage. Available in 50- or 80-minute sessions.

Pricing based on combination of Swedish and Therapeutic; please see massage pricing or discuss with a spa attendant for your best massage recommendation.

MOMMY-TO-BE PRE-NATAL MASSAGE

Designed for the body changes during pregnancy while offering needed relaxation, this treatment is available for mothers-to-be in their second and third trimesters.

50-min • \$130

Nails

SPA DU LAC PEDICURE

In this classic pedicure, a foot soak with natural healing and relaxing elements starts your experience. Exfoliation, nail trim, filing, a moisturizing foot massage and your choice of color complete this journey.

50-min • \$95

GEL PEDICURE

Enjoy extended wear and ultimate shine in your polish! Includes the color of your choice, file, trim and relaxing foot massage.

50-min • \$110

EXPRESS MANI & PEDI

Each 25 minute service allows us to trim, shape & buff your nails. Your treatments are then finished with a soothing massage and a choice of nail color.

50-min • \$120

HOT STONE MASSAGE

The radiant warmth of the smooth stones penetrates tension, inducing deep relaxation. Combined with other massage techniques, this experience will destress and restore you.

80-min • \$205

HEAD, HANDS & FEET MASSAGE

Release tension through your scalp, hands and feet. Improve circulation and restore energy flow with an invigorating scrub, warm towels and essential oils.

50-min • \$130

FLAME MASSAGE

Customized to you, each candle used in your massage uses essential oils and luxurious emollients, leaving skin silky smooth and irresistibly scented. You'll receive the remainder of the candle to take home with you.

80-min • \$210

MASSAGE ENHANCEMENTS

- Essential Oils • +\$20
- Dry Brushing • +\$20
- Pain Relief • +\$20
- Theragun - Percussive Therapy • +\$20

*Tips for a more enjoyable
massage experience include:*

- Take a warm shower before your service to relax muscles and prepare for your treatment.
- Massages are best received completely undressed. Your body will be professionally draped at all times. Please communicate any discomfort with your therapist.
- During your service we welcome you to close your eyes, breathe slowly and deeply. Plan to drink plenty of water and relax for the rest of the day.

SPA DU LAC MANICURE

In this classic manicure, soaked, trimmed and buffed nails are completed with a moisturizing hand massage and the color of your choice.

50-min • \$75

GEL MANICURE

This upgraded manicure uses gel polish to provide superior shine and extended wear! Includes the color of your choice, file, trim and relaxing hand massage.

50-min • \$100

NAIL ENHANCEMENTS

- Polish Change • \$40
 - French Polish • +\$15
 - Paraffin Hands or Feet • +\$20ea
- Add a paraffin treatment to any nail service for the ultimate luxury and deep moisturizing.

Body Treatments

SUGAR BABY BODY SCRUB

Brown sugar from Louisiana sugar cane paired with soothing milk and vanilla scrub away stress and dry skin. A warm honey mask helps to infuse the skin with moisture and healing elements. After showering, your therapist will apply a vanilla shea butter with relaxing massage strokes.

50-min • \$145 | 80-min • \$200
80-minute service includes extended massage

ORGANIC BODY ESCAPE

Each season we choose the most fragrant, indulging combination of scrub or wrap, cream or oils to renew, moisturize or infuse your skin with what it needs, especially for that time of year.

50-min • \$180 | 80-min • \$225
80-minute service includes extended massage

All body treatments require the guest to be fully undressed. You will be offered disposable undergarments and professional draping will be used by the therapist. Please shower before your treatment to prepare the skin and plan not to shower after the service as the elements used will continue to benefit your skin for up to 24 hours.

In The Salon

Our full service salon provides hair, nail, makeup and waxing services using the most luxurious and results-oriented products and techniques. Please consult with your stylist to determine the best salon experience for you. All guests with a 50-min or longer service in the salon are also welcome to enjoy the spa amenities the day of their service.

EXPRESS CONDITIONING

Added to any hair service, this added nourishment for your hair and scalp will leave your locks smooth and silky.

+\$40

DEEP CONDITIONING

Restore natural balance to your hair and scalp for more manageable styling, damage repair and ultimate shine. Includes a shampoo and style.

50-min • \$110

SIGNATURE HAIR TREATMENT

This customized treatment addresses your hair needs. Relax while your stylist applies an exclusive serum and masque with a scalp massage technique that will rejuvenate tired strands and refresh your look. Includes shampoo & style.

80-min • \$165

Packages & Specials

Create your own half or full day spa experience. Choose three or more 50-min or longer treatments per person in the spa and salon and take 15% off the entire package. We love to celebrate special occasions! Please call our reception desk for information on bridal services and special event or group pricing.

+ denotes an add-on option to any 50-min or longer service, or a service that may have extended pricing due to product or servicetype needed to achieve desired results.

Facial Therapies

SPA DU LAC CUSTOMIZED FACIAL

A rejuvenating signature treatment customized to your needs, this facial utilizes luxurious products and advanced techniques. The 80-minute version may include a specialty facial massage or treatment depending on your skin's specific needs and desired results.

50-min • \$135 | 80-min • \$190

SIGNATURE HYDRAFACIAL

This treatment deeply cleanses, exfoliates, extracts, and hydrates the skin utilizing super serums filled with antioxidants, peptides, and hyaluronic acid.

45-min • \$199

DELUXE HYDRAFACIAL

An invigorating treatment that includes all of the essentials of the Signature HydraFacial while addressing your specific skin concern with a Booster of your choice. This treatment concludes with Celluma LED Light Therapy to further reduce the visible signs of aging.

75-min • \$275

CHEMICAL PEEL TREATMENT

Consult with your skin care provider to choose the perfect peel for your needs. Choices include AHA, BHA, TCA, or Lactic Acid Peel.

50-min • \$155+

MICRODERMABRASION

This non-invasive treatment improves cellular turnover, detoxifies skin and allows skin cells to flourish, restoring natural glow. Soothing products are used to replenish moisture and nutrients to the skin. Recommended for most skin types.

50-min • \$180 | 80-min • \$225

Additional Services

WAXING SERVICES

A variety of hair removal services are available for both men and women. Please call for pricing, reservations and to find out if waxing is suitable for your skin.

\$25+

- Bikini
- Underarm
- Chin
- Lip
- Brow Shaping
- Chest
- Back
- Legs
- Face